



Two Letters

In celebration of Mother's Day we thought you might enjoy reading these 2 letters - Joy

Dear Daughter of Mine...

As you celebrate your fourth year in recovery I have some recollections to share. Before you began living in recovery there was no mother/daughter relationship and there was an empty space where it should have been. Actually, the space was not empty, but was full of anger, fear and confusion, but even in the worst times - the love was there. Today I apologize for the anger and ask for your forgiveness. I'm still working on my recovery as the parent of an alcoholic. I understand a lot more today about this family illness called "addiction."

When you hit your rock bottom, you admitted yourself to the Women's Recovery program at the Rescue Mission. You began the work of maintaining your sobriety and more importantly the life-long process of recovery. At the end of fourteen months, which included extremely difficult work, many steps forward and more than a few steps backward, you graduated from the Women's Recovery Program and truly began the

Dear Mother of Mine...

Momma,

I knew I had hit rock bottom when I could not even look at myself in the mirror. My addiction had consumed every fiber in my being destroying me physically and mentally. Four years ago my addiction took me down a path of darkness and despair-- a path of hopelessness and sorrow.

Not only had I brought pain upon myself, but I brought an unspeakable amount of pain to you. During my darkest hour, you made a decision that would change the rest of my life - you gave me tough love and you let me go. I soon found myself at the front doors of the Rescue Mission asking for admittance into their recovery program.

It's no lie that our relationship became toxic near the end of my active addiction. I hated myself, the people around me the whole world. Through my journey of recovery and

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Honor Thy Mother

This year, why not honor your Mother, with an enduring gift by placing a block on the "Honor Thy Mother Wall" in the Rescue Mission Family Shelter.

In recognition of your gift of \$1000 or more (payable over 12 months), your Mother's name will be engraved on a specially made wooden block and permanently installed on the honor wall in the Women and Children's Center.

To honor your Mother or any other significant woman in your life this Mother's Day, please contact:

Gail Strickler, Planned Giving Officer, at 540-777-7687 or gail.strickler@rescuemission.net.

Every Monday Meet Me at the Mission

12:00 - 1:00 p.m.

Tour and complimentary Lunch
no reservation necessary

May 12 & July 14

Thursday 5:30 p.m.

EVE Network Meeting
a place of service for
working women

May 18

Wednesday, 12 Noon,
Secretary Appreciation Day!
Auxiliary Luncheon

May 19 & June 16

Thursday 5:00 p.m.

Bless My Sole - a foot washing
ministry

June 2

Thursday 5:30 p.m.

MENistry

June 4 & July 9

2nd Helpings

Sat. 2 - 4 p.m. Artist Reception

June 20-24 - June 27 - July 1

July 2 - 29

Summer Day Camp

Jubilee Acres

July 2

Rescue Mission
63rd Anniversary

July 20

Wednesday, 12 Noon,

Auxiliary Luncheon

For More Information

Call (540) 343-7227

rescuemission.net

2nd Helpings

(540) 491-9405 Shop/Gallery

(540) 491-9409 Cafe

2ndhelpings.org

To receive this newsletter

online visit rescuemission.net

Find us on Facebook 

Dear Daughter...continued from front page:

hardest work of all -- dealing with life sober. You did this head-on, no dress rehearsals and no self-medication. I believe this accomplishment is the most amazing process I have ever witnessed. I now have a treasured Mother/Daughter relationship with you. That makes today one of the best days of the year.

I watched you peel away layer after layer of "stuff." You realized you could not do it alone. With the help, love, support and guidance you received from God and everyone in the recovery program, you have gotten your life back. You have done for yourself what I had tried to do for you as your Mother. I now know that was not the way things are supposed to be. You had to do the work. Under all that "stuff" was a beautiful spirit just waiting to be uncovered. You are amazing and are now living the life you were meant to live.

You are a full-time honor student at Hollins University. You are dedicated to the principles of a 12 step recovery program and you share your commitment with others. You are a beautiful young woman of integrity who is thoughtful, patient and kind. Through all this you have come to believe in your own self-worth. I am proud to call you my daughter and look forward to seeing what else is ahead of you on your journey.

I thank God everyday for you. I love you.

Momma

Dear Mother...continued from front page:

my time at the Mission, I learned more about myself and how the disease of addiction works. Little did I know, at the same time you were doing exactly the same thing. You joined a program to learn more about yourself and the disease of addiction.

Because you made the decision to give me tough love, I am alive today. Because you let me go, I am alive today. Because you loved me until I could love myself, I am alive today. I love who I am now, and I love having you in my life. When something exciting happens to me, I want to tell you. When life throws me a curve ball and I need to vent, I want to vent with you. When the theatre director at Hollins decides to take a chance with me and put me in the school musical, I want you to be there in the front row every night. I want you in my life, I need you in my life and I know without a doubt that you truly love me unconditionally.

To quote one of my favorite books you read to me as a child: I'll love you forever, I'll like you for always. As long as I'm living, my mama you'll be. - Mary Ellen

In Memory of

Mrs. Florence Akers
Vickie Akers
Lucille Angle
Nicolas A. Apgar
Everlyn S. Arnold
Polly Aylor
Grover W. Barker
Stephen Broadwater
Stephen Ralph Broadwater
Dr. Esther Brown
Mrs. Arlean Calvert
Maxine Campbell
Bobby L. Camper
Ray E. Camper
Charlie Carroll
Gabe Ciaffone's Grandmother
Susan Melanie Clarke
Daniel O. Croy
Carl W. Lewis
Dorothy F. Dent
Mike Donavant
Mr. Ed Dowdy
Tommy Earls
Willard R. Finney
Bonnie Flinchum
Dr. G. Wayne Fralin

Given by

Mr. & Mrs. Jack A. Milliron
Mr. & Mrs. Jack A. Milliron
Glenn Angle
Jonathon & Bonnie Apgar
Mr. J. D. Arnold
Jim & Cathy Ridenhour
Thomas Flippin
Ellen Broadwater
Ellen Broadwater
Dr. William & Dr. Faith Pasley
Cynthia & Raymond Koon
Mrs. Erna F. Anderson
Patricia W. Camper
Mr. Joseph B. Camper
Ms. Vickie F. Carroll
Bill and Flo Fahrback
Harvey & Willie Clarke
Ms. Genetta H. Lewis
Ms. Genetta H. Lewis
George O. Dent
Bernie & Josephnie Gray
Richard Throckmorton
David & Martha Tenzer
Mrs. Willard R. Finney
Mr. & Mrs. Gary Conner
James Watson
Catherine C. Evans
Boy Scout Troop 211
Retirement Unlimited Inc.
Dr. William & Dr. Faith Pasley
Dr. & Mrs. William Lewis

In Memory of

Dr. G. Wayne Fralin

Buddy Frei
Nell Garst
Lenwood Gearheart
Estes B. Gibson
Thomas J. Hagmaier
Vera Witt Hambrick
Hubert H. Hambrick
Robert Harlowe
Linda Harman
Mary "Peggy" Burnett Hatch

Liz Hodges
Mr. & Mrs. Claude Henderson
Bill & Elsie Menefee Hylton
Larry Jessee
Margaret Manning
Carroll Ural Manuel
Brenda Maxfield
Ralph & Daphne McNeil
James Moore

Given by

W. Heywood Fralin
Michael & Lalie Tongour
Mrs. Mary Lindsey
Kae and Chan Bolling
Joyce Waugh
Ann & Allen Layman
Irvin & Patricia McIntire
Tom & Cindy Miltstread
Charlotte S. Riddick
Mrs. Dorothy L. Frei
Mrs. Edith R. Garst
John & Bonnie Dunn
Barbara R. Moorman
Bradford Circle Friends
Peggy Pilgreen
Ms. Genetta H. Lewis
Ms. Genetta H. Lewis
Peggy Via
Eddie & Dawn Hearp
Rev. W. I. Whitefield &
Ms. K. Whitefield Ross
Mr. & Mrs. Guy Kidd
Mr. & Mrs. Allan R. Kjeldsen
Jo Hylton Oliver
Mrs. Edith R. Garst
Paul D. Manning
Mrs. Frances B. Manuel
Odelle W. Arthur
Mrs. Stanley J. Clower
Jackie & Nancy Moore

In Memory of

James & Ella Mundy
William Mundy
Roy Nelson Jr.
Albert Sidney Nogue

Louis Ouzts
Lillian Peery
Ray C. Perdue
Louvenia Persinger
Walter F. Poff Sr.
Catherine Puckett
Catherine Johnson Puckett
Paul Pullen
Peter Radjou
Sidney Robertson
Betty Rae Shelor
Blanche W. Slaydon
Virginia Slough
Ralph & Hester Smyth
Thomas Snider
Minnie Spangler
Eva A. St. Clair
Mrs. Marjorie Stiltner
Mrs. Marjorie Matney Stiltner
Lee Stover



Can we use that? YES!

When Dugwell Pest Control contacted the Mission to offer their services they became one of those curious joys which makes being at the Mission exciting - seeing how God meets a need even before it is recognized or the request is made known. Do you offer a special service or have an unusual product and want to do good in the community? Contact:

Joy Sylvester-Johnson at 777-7655 or joy@rescuemission.net

Mission Possible!

- Hyland Heights Baptist Youth shared their martial arts, music & drama skills for the Mission
- The Orchard Church donated 150 pillows and then helped to assemble new beds
- Faith Christian School donated 4,607 rolls of toilet paper from an all-school drive: A mission record!
- Fort Trial Baptist in Stanleytown had an Easter egg hunt for the children in shelter

What would your group like to do?

Call Leslie Littlefield at: 777- 7651

*Dugwell Pest Control making the rounds
keeping our Mission safe*



Given by

Ms. Rose Barger
 Ms. Rose Barger
 Ms. Gerlene N. Baker
 Vincent Basile
 Jack Dickerson
 Floyd Firing
 Peter A Leggett
 J. Thomas Meadows
 Bill Payne
 Howard Protinsky
 Kelly Speas
 Bethany Price
 Gary & Debbie Johnson
 Mrs. Bonnie J. Perdue
 Lisa P. Doss
 Mrs. Barbara M. Poff
 Robert Barger
 Charles & Martha Moore
 Mr. & Mrs. A.W. Turner
 Mr & Mrs Alexis Radjou
 Rita Robertson
 Bill and Flo Fahrbach
 Patricia W. Camper
 Patricia Slough
 Ellen Broadwater
 Jackie & Nancy Moore
 Mary S. Jamison
 Mr & Mrs Frederick A. St.Clair
 Gail Holbrook
 Jean Holbrook
 Frances W. Stover

In Memory of

Lynn Sutthin
 Dot & Philip Townsend
 Gary Thompson
 Jennings Pershing Vandergrift

 Polly Hoyt Weatherly
 Holland Weber

 Marguretie Wilkes
 Annie R. Wilson
 Waltraud M.A. Wirt
 Joseph Wolter
 Dan Zuro

 Buchanan County Deputy
 William Ezra "Billy" Stiltner

In Honor of

Otha Akers
 Gary Lee Akers
 Pam & Nick Ammar
 Mrs. Paula Benson
 Rev. Marianne Bird
 Lee Clark

Given by

Mr. & Mrs. Gary Conner
 Mr. & Mrs. William L. Martin
 Sheila M. Thompson
 Linda Jameson
 Paul Pennino
 Michele Pound
 Gary W. Scott
 Lucian & Sue Bias
 Ms. Paula H. Stump
 Paula & Chip Vail
 Betty Jo M. Tuck
 Katherine Arthur
 Ms. Irene W. Eanes
 Mr. Bobby E. Wirt
 Mrs. Marie Wolter
 Charles & Margaret Zuro
 Mr. & Mrs. William L. Martin

 Kim & Buddy Rutherford

Given by

Mr. & Mrs. Jack A. Milliron
 Mr. & Mrs. Jack A. Milliron
 Larry & Brenda Lilly
 The Rev. and Mrs. Barkley Thompson
 Nancy Dickison
 Paula & Chip Vail
 Board Members
 Dr. & Mrs. F. Joseph Duckwall
 Larry & Brenda Lilly
 Susan & Larry Richardson

In Honor of

Pauline Conner
 Richard Cundiff
 Diane Goode
 Ernie Dale
 Betty Helton
 Larry Jesse
 Larry Lance
 Kathleen LeFeu
 Forrest Milliron
 Clarence Milliron
 Virginia Milliron
 Mildred Milliron
 The Moomaw Family
 Robert Newcomer
 Nancy A. Olsen
 Dr. Charles Peterson
 Marica Richardson
 Barbara Robertson
 Anne N. Sipple
 Joy & John Sylvester-Johnson
 Paula & Chip Vail
 A. Whitlock
 Alex Wilkinson

 Dr. David Williams
 Doctor's Day

 Pauline Runions
 Children & Grandchildren

Given by

Mr. & Mrs. Gary Conner
 Frank H. Mater, Jr.
 Dorothy Richardson
 Mr. Arvil Pennington
 Martha Throckmorton
 Frank H. Mater, Jr.
 Rita & Richard Cummins
 Mr. Arvil Pennington
 Mr. & Mrs. Jack A. Milliron
 Mr. & Mrs. Jack A. Milliron
 Mr. & Mrs. Jack A. Milliron
 Mr. & Mrs. Jack A. Milliron
 John E. Moomaw
 Karen S. Carter
 Mr. & Mrs. Jonathan A. Apgar
 Paula & Chip Vail
 Ms. Drew Gibbons
 Cox Communication
 Corinth Treadway
 Jennifer Cowhig
 Larry & Brenda Lilly
 Miss Drew Gibbons
 Mr. & Mrs. Christopher W. Wilkinson
 Mary Lee Hunt
 Carilion Medical Center
 Medical Staff
 Mr. & Mrs. Howard C. Runions
 Katherine Arthur

It Is Not the Pots We are Forming; It is Ourselves.

This is the premise for the Clay classes in the Recovery Program at the Rescue Mission. All Program Participants in the Studio Arts Program attempt to learn the basic principle of “centering” – the clay and – centering one’s life.



Last month, our intermediate students participated in an exercise of centering clay while blindfolded. The goal was to eliminate the visual sense so they could feel the process of centering the clay and not overwork it. Surprising results followed. While blindfolded - the participants believed their pots were not turning out or that they were way off center and nothing was being accomplished.

As one Program Participant stated, “We pictured in our minds that the bowls were going to be disastrous.” Often in our lives, God is working and we do not see it. We are slowly growing in ways that we ourselves are blind to. We cannot imagine that anything good can come out of what we are making. Yet, if we trust the process and the One in charge of the process – we are amazed at the outcome.’

Treat your Mom to a Day at 2nd Helpings

It has everything she loves

Gallery: Original Jewelry, Art and Sculpture

Cafe: Delicious Soups, Salads and Sandwiches

Shop: Clothing, Furnishings and Collectibles

2nd helpings

www.2ndhelpings.org

1502 Williamson Road • 540.491.9405
2 blocks North of the Roanoke Civic Center

Volunteer Opportunities

Urgent: Van Drivers and Attendants to transport children to Jubilee Acres Summer Camp

- ◆ Greeters, Runners, Washers, Musicians, Trimmers for the Bless My Soul Ministry (Third Thursday of each month from 5 - 7:30 p.m.)
- ◆ Housewares Helper in the Thrift Store
- ◆ Saturday Morning Housekeeping Helpers in the Women and Children’s Shelter - Make Beds and General Cleaning
- ◆ Stock and Supply the Recovery Canteen- Weekly Commitment
- ◆ Toddler care during Family Chapel 6:10 - 7:30 p.m Monday - Friday

Call Leslie Littlefield at 777-7651 or leslie@rescuemission.net



Faith Christian School donated over 4,500 rolls of toilet paper to the mission - and loaded the truck!



Wish List

Peanut Butter & Jelly, Salt & Pepper

Towels and Washcloths

Foot Powder, Hydrocortisone Cream

Prisolec

Paper Towels

Deodorant, Disposable Razors

Tampons

MISSION FACT

Actual food cost served at the Mission is 14¢ per plate

Meals & More

These numbers represent lives changed through God’s blessings and your generosity!

	March, 2011	YTD 2011
Hospitality Dining Ministry	27,923	81,326
Safe Shelter Ministry	10,661	31,034
Clothing & Household Items	1,928	5,152
Professions of Faith	106	338
Volunteer Hours	9,360	27,429
Class Hours of Instruction	2,608	6,455
Clinic Ministry Patient Visits	1,180	3,572
Value of Healthcare Provided	\$222,016	596,715
Case Management Ministry Visits	525	1,402
Legal Clinic Ministry Visits	4	13