



I Know It's Thanksgiving Because...

I always know it's coming because frozen turkeys, like homing pigeons, fill the freezer cases at Kroger. Have you ever tried to buy a turkey in July? With the exception of November and December, the frozen Butterballs are noticed mostly by their absence, which is why most of us have to call a help line to figure out how to cook the things and even with the assistance of a turkey expert on the line, still manage to either burn the outside, under cook the inside, or-- the worst sin of all-- forget to remove that pesky bag of unmentionable aviary body parts stuck inside the bird.

I love Thanksgiving dinner, but it is riddled with drama and controversy.

First, there's the great stuffing/dressing debate. Do we really want Pepperidge Farm style dry dressing, wet chestnut stuffing or does it have to be cornbread or include oysters at your house? Do we bake it in a glass casserole or must it go inside the bird? I know the turkey is way past feeling embarrassed, but what sadist invented this stuffing ritual that has perplexed most cooks (especially new brides) for more than a century?

And cranberry sauce...must we buy the hard little berries in a bag (another seasonal item) or can we settle for a can of the things that either seem too sweet and gooey or strangely congealed into a quivering cylinder waiting to be sliced? Do we consider again this year making the "pepto bismol pink" cranberry relish originated by NPR's Susan Stamberg's mother-in-law?

Potatoes -- should they be mashed, whipped, parlied, oven baked or stomped? Or might we allow Bob Evans to decide? Is the gravy the result of stewing the carcass and the giblets (what an interesting word for hearts, livers and only Ina knows what else from the innards of a turkey) or do we buy the "too yellow to be real" looking stuff in a jar just to be safe?

Pies? Pumpkin seems to be required even if we all like apple or pecan better. And must we whip the cream ourselves or will the stuff in the aerosol can suffice?

Decisions, decisions, decisions.

Perhaps the biggest challenge for the Thanksgiving Day Cook is how to remain thankful throughout the process so that by the time the family gathers around the dining room table which for most of the year is ignored and now

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The Winners

In these challenging economic times we at the Rescue Mission have seen the numbers of homeless women and children swell to unprecedented heights. For the first time in the Mission's 63 year history of serving the poor, there are more women and children seeking safe shelter than men.

When we run, or walk in the Stellar One Drumstick Dash, everyone wins!

- ▶ The winners are every homeless family who receives food, shelter, clothes and medical attention
- ▶ The winners are every runner who races toward the goal of ending hunger in our city
- ▶ The winners are all the walkers who move their feet so others can eat.
- ▶ The winners are all the volunteers who show up to make a stand against poverty and homelessness.
- ▶ The winners are the number of sponsors who put their money where it will accomplish the most good right here in the Roanoke Valley.



November 5 - 2nd Helpings
2-4 pm Artists Reception
Robert Finken & Mary Anne Meador
Music: Dee Rivers

November 10
E.V.E. Network Meeting
5:30 - 6:30 pm

November 14 - 12 midnight
Drumstick Dash
Early Registration Deadline

November 16
Auxiliary Luncheon - 12 Noon
Bob Vandelinde - speaker
Michelle Richardson - music

November 17 - Clinic
Bless My Sole - 5:30 pm

November 21-23
Homemade Pies for Feast Due

November 24
StellarOne Drumstick Dash 9 am
Register at drumstickdash.net

November 24
Thanksgiving Feast, 1 pm

December 1
MENistry - 5:30 pm

December 3 - 2nd Helpings
2-4 pm Artist Reception
George Shumate & Martha Rhodes

December 7-23
Christmas Cookies - 7:30 pm
Taubman Museum

December 14
Adopt-A-Family Gift Bags Due

December 15 - Clinic
Bless My Sole - 5:30 pm

December 22-24 -Homemade
Pies, Cookies, & Cakes due

December 25
Christmas Feast, 1 pm

For More Information
Call (540) 343-7227
rescuemission.net
drumstickdash.net

2nd Helpings
(540)491-9405 Shop/Gallery
(540) 491- 9409 Cafe
2ndhelpings.org

to receive this newsletter
online visit
rescuemission.net

Find us on Facebook 

Early Registration deadline: November 14. Register online at www.drumstickdash.net.

Making Mission Possible

Brendan (13) and Braxton (11) Berkel collected gently used clothing at their church, Christ the King to help families get winter clothes.

Allstate Employees prepared food, worked in the Thrift Store, and set up new bunkbeds.

Bar Palma and Les Cheveux Cosmetology Schools brought students and instructors to cut shelter guests hair.

First Baptist of Galax sorted through Christmas decorations in the Thrift Store basement to prepare for the 2011 season.

Freedom First Bank Employees kicked off the Christmas Card stuffing campaign on Columbus Day

Virginia Tech Catholic Campus Ministries spent a day assisting in food service and housekeeping.

North Cross Lower School scrubbed dining room tables and set up the project room for card stuffing. We will process 140,000 Christmas cards!

Country Bear Day School had a lemonade sale and raised \$185 for the Rescue Mission's children's ministries.

The American Payroll Association of Roanoke volunteered to lead a Financial Class for Recovery Participants and then served lunch!

Presbyterian Women of Presbytery of the Peaks donated 8 laundry baskets filled with laundry detergent.

North Cross Upper School students volunteered in the kitchen.

Ignite Ministry Students come to the Rescue Mission almost weekly to help.

Brendan & Braxton Berkel



Ignite Ministry students deep cleaned tables

A Les Cheveux Student Stylist made it a good day for a guest.



Allstate Employees set up new bunkbeds in the Family Shelter

To Remember

JOHN SYLVESTER-JOHNSON MEMORIAL FUND

To Benefit The Residential Recovery Program

Nina Lureline Ferguson
Lee & Paulette Ferguson-Lawson
Gerald Housenflour.
William B. Shepard
James & Martha Shirky

In Memory of

Jane A. Aiken
O. P. Akers
Lucille Angle
Nancy L. Apgar
Josephine Eades Bear

Benjamin F. Bennett
Frances L. Blankenship
Dr. Charles Bray
Dr. & Mrs. Charles Bray
Hubert Brooks
D. Blackwell Brown

Jane and Blackwell Brown
Harry E. Campbell
Don Cregger's Mother
Brad Davis
Dot Dent
Judi R. Derr

Given by

William Aiken
John & Clarice Corell
Glenn Angle
Jonathan & Bonnie Apgar
Marcia Lawson & Jananne L. Thompson
Mr. & Mrs. John Harris, III
Paul W. Rice, III
Geraldine K. Brumberg
Bonnie & Pegram Johnson, III
Nancy Robertson
Mrs. Royce P. Foster
Betty Jo M. Tuck
Anne & Al Hurt
Mrs. James Robert Justice
Mr. & Mrs. Vernon Jamison
Bonnie & Pegram Johnson, III
J. Granger Macfarlane
Paul & Pauline O'Brien
Mr. & Mrs. James A. Robertson, Jr.
Edith Page Breakell
Geraldine K. Brumberg
James L. Campbell
Paul T. Ribelin
Becky Davis
Crystal Dent
Mrs. James Robert Justice

In Memory of

Eugene "Rod" Dunagan
Larry Ellis
Helen A. Elmore
Bonnie Flinchum
Carol T. Fralin
George William Gearheart
Annie Gillespie
Vivien Glidden

In Memory of

Gayle Harris Graybill
Given by Geraldine K. Brumberg
Sharon Farmer
Teresa Bennett
Dena White
Diane Greer
Kelly Waldron
Tammy Ferrill
Stephanie Meador

In Memory of

Thelma H. Green
Curtis N. Hambrick
Mrs. Joy Harner
Mr. & Mrs. Claude Henderson
Wyome Howell
George Igoe
Rita Jacobs
Carol Dean Jarrett
Nancy Karnes
Jeannet Keezer
Mr. Stan Kummer

William (Bill) Leighton
Carol W. Lewis
Deborah Mayhew
Elsie Milan

Given by

Eloise Dunagan
Elbert & Beth Cassell
Wanda J. Critzer & Annie L. Wade
Nancy Conner
Mr. & Mrs. David C. Helscher
Mrs. Royce P. Foster
Edith Garst
Olin V. Glidden

Jennifer Straub
Alice Horton
Teresa Shires
Karmen Simpson
Lynne Baker
Betty Maxey
Donald Brown
Diana Staton

Given by

Ms. Genetta H. Lewis
Ms. Genetta H. Lewis
Emily Scott
Mr. & Mrs. Allan R. Kjeldsen
Dan, Joyce, and Melissa Foutz
Mrs. Bonnie Igoe
Mr. & Mrs. Vernon Jamison
Mrs. Royce P. Foster
Daniel Karnes
Vince Keezer
Mrs. James Robert Justice
J. Granger Macfarlane
Mr. & Mrs. Ray Widener
Ms. Genetta H. Lewis
Blaine & Joy Davis
David L. Allen, Jr.
Mr. & Mrs. Thomas Usher



WANTED!

**Drumstick Dash Volunteers & Musicians
Thanksgiving Morning 7:30 - 10:30 am**

Volunteer Needs

- **Reception Volunteers:**
Tues., Wed., Thurs., Fri., 1 – 5 pm
Tues., 9 am - 1 pm
- **2nd Helping Cafe :** Weekdays, 9 am 11 am
- **Children's Chapel & Toddler Care**
Any Weekday, 6 - 7:30 pm.
- **Childcare:** Wednesdays, 8:45 am - 10:15 am.
- **Thrift Store Linen and Bric-a-Brac helpers**
Weekdays from 8:30 am - 5 - pm

Contact Leslie Littlefield, Volunteer Coordinator
Leslie@rescuemission.net (540) 777-7651

Rescue Mission Christmas Wish List

Recovery Participant Gift

- Bag of Ground Coffee 12 oz. size
- 12-pack box of Hot Chocolate Packets
- 12-18 oz. Bag of chocolate kisses or candy bars

Rescue Mission Shelter Bedtime Gift

- Twin Size Sheet Set, Bath Towel

Child Shelter Guest Gift

- Underwear, Socks, Pajamas

Teenager Shelter Guest Gift

- Underwear, Socks, Pajamas

Adult Shelter Guest Gift

- 2 pairs of Thermal Socks
- \$5 Fast Food Gift Card to McDonalds or Hardys
- 12-18 oz bag of Chocolate Bars or Candy Kisses
- Earmuffs or Headband

Rescue Mission Shelter Toiletries

- Deodorant, Toothbrush, Shampoo (trial size),
- Comb, Lotion, Disposable Razors, Chapstick

Drop off at the Mission's Front Desk

between 7 am and 9 pm
402 4th St. SE, Roanoke, VA 24013



Adopt-A-Family

Adopt a shelter family this Christmas and provide gifts for the children and parents.

Contact Jan Failes

777-7685

jan.failes@rescuemission.net

and Honor

In Memory of

Elsie Milan
Dalton Miller
James Phillip "Skipper" Mundy
Bradley Napier
Albert Nugue
Bill Payne
Katherine M. Poole
Baine Porter
Douglas C. Powell, Sr. (Doug)

Deric Quesenberry

Dee A. Riggs
Leona Robbins
David Rose

Charles Rowe, Jr.
Galen D. Saul
Maggie L. Schlamb
Fritz & Elizabeth Scholz
Bettie Senter
Ernest & Dorothy Sexton
Dr. Charles R. Simpson
Jimmy Sink
Judy Riley Sink
Eva A. St. Claire
Lynn Sutphin

Given by

Linda Sue Wade & Hugh Tucker, Jr.
Anne & Granger Macfarlane
Joseph B. Camper
Mr. & Mrs. David W. Johnson
Ora Smith
Ora Smith
Audrey M Franklin
David & Alda Bower
Paula & Chip Vail
Elizabeth S. Stanley
The Family Medicine Second Year Residents, Class of 2013
Maryanne Certosimo
Cheryl Kathleen Dorey
Rick & Maria Sumrak
Paul & Suzanne Olsen
Michael & Lindsay Wilson
Michal & Laura Cieraszyński
Carilion Clinic GME Dept.
Douglas & Marie Waid
Dr. & Mrs. Alan Robbins
Debra Kolbet
Chandra Mason & Dave Cotting
Paul T. Ribelin
Dennis & Janice Dickens
Allen & Ruby Willis
M. H. Saul
Her Grandchildren
Mary Scholz
Chip & Paula Vail
Mildred & Richard Throckmorton
Naomi G. Simpson
Cathy & Dennis Layman
Mr. & Mrs. Jack A. Riley
Mr. & Mrs. Frederick A. St. Clair
Nancy Conner

In Memory of

Myrtle Taylor
Erica Thomas
Warren Tuck
Anna I. Walker
Elizabeth J. Ward
Polly Hoyt Weatherly
Liz Wicks

Lydia W.Witt
William Nelson Witt
Dan Zuro

In Honor of

Kim & Linda Creasy
Richard Cundiff
Mrs. Nina Doyle
B. R. Dyer
Dr. Charles Fuller
Liz Hodges
Gail Holbrook
Leona Honeycutt
Larry Jessee
Jack & Virginia Kubler
Blaine & Robin Lew
Dot Mundy
Kenny Peery
Roy C. Perdue
Marta C. Sayers
Sydney Schillen

Harold Taylor
Sue Valentine
Fred W. White's Birthday
Kim Young
Zach Zuro

Given by

Randy & Nellie Broce
Mr. & Mrs. Eric Thomas
Mr. & Mrs. Bobby E. Bays
Jonathan & Bonnie Apgar
Mr. & Mrs. Jay V. Moorman
Her Children, Chip Hoyt & Paula Stump
Blaine & Joy Davis
Shelby Summers
Wilson Sales & Service Staff
Ms. Genetta H. Lewis
Ms. Genetta H. Lewis
Charles W. Zuro

Given by

Douglas & Wanda Powell
Mr. Frank Mater
Douglas & Wanda Powell
Claude R. Dyer
Blaine & Joy Davis
Mr. Guy R. Kidd
Ms. Drew Gibbons
Sondra H. Wertz
Mr. Frank Mater
Mr & Mrs John O'Donnell
Krista Vannoy
Juniper Rose Cummins
Karen S. Carter
Bonnie J. Perdue
Douglas & Wanda Powell
Warren & Bethany Jarrett
Chris & Kari Rogers
Kevin & Tracey Vess
Brenda Mike
Juniper Rose Cummins
Jim & Sharron Palermo
Ms. Drew Gibbons
Mr. & Mrs. William L. Martin

It's Thanksgiving Because...Continued

seems too small to accommodate all the people around it and the bounty of all the food on it?

I am convinced that being the host at the family Thanksgiving Dinner is an act of faith.

From the moment we push our carts down the grocery store aisles filling it with cans and bags and boxes of ingredients until the Family gathers and holds hands for the prayer before the feast, we cooks are holding our collective breaths. And then...the miracle of Thanksgiving happens--and we can finally exhale.

Although the food is an important part of it all--it is not the main thing at Thanksgiving. It really doesn't matter if the potatoes are lumpy or the green bean casserole is dry or if the pie looks a little lop sided.

What matters is that we gather together and — we stop.

And we remember.

We remember all that has happened: the good, the bad, the scary and the joyful. We remember all the plans and dreams--and we are grateful to be right here, right now--together in the presence of the One who made us a family.

Thanksgiving, is a still point when all of us, from the cook to the nervous first time table guest--has an opportunity to enjoy communion--a shared meal in the presence of the real Host.

None of us, regardless of how hard we work or how much money we spend or how many hours we invest can guarantee the party will happen. As Christians we are called to give our best and then show up believing God will create the miracle of Thanksgiving.

This year our dining room feast at the Rescue Mission will involve about a thousand people. For many it will be their first time spending this holiday in a homeless shelter. Please pray with us that we will keep the main thing the main thing--that each one will feel not only a sense of expectation for the feast, but will also experience a warm invitation to be part of our family.

2nd helpings
SHOP • GALLERY • CAFE



Late Night Thursdays!

2nd helpings is staying open until 8 p.m. on Thursday. Shop for Christmas, stay for dinner and enjoy special promotions, auction items, and wonderful music.

Christmas Cards Now Here

Support local artists George Shumate, William Kohlar, Mary Anne Meador, Shelley Koopman, and Robert Finken. Packs of 16, 12, 8, and individual cards are available.

We Cater: See our menu online at www.2ndhelpings.org
(540) 491-9409 Located at 1502 Williamson Road



Christmas Cookies

A Holiday Musical for the Whole Family

Music:

John Wilcox Priddy

Script and Lyrics:

Joy Sylvester-Johnson

December 7-23

at 7:30 pm

at the Taubman Museum of Art

to benefit the

Rescue Mission Women and Children's Center

For tickets call: 540 309-6802 or

book online

roanokechildrenstheatre.org

Two Months Remain for Tax-Free IRA Gifts

For 2011, Congress has extended a special provision making gifts from IRAs directly to qualified charities tax free, for those over 70 ½ years of age. Charitable distributions from an IRA up to a total of \$100,000 can be given this year.

For individuals over 70 ½ years of age who must make a required minimum distribution from their IRA, the amount rolled directly to a charity will not be included as income to the donor.

We would be glad to provide more information on this tax saving idea. It is not certain if this IRS provision will be extended for 2012, so act now!

For more information, please call Gail Strickler at (540) 777-7687 or gail@rescuemission.net.

Meals and More...

These numbers represent lives changed through God's blessings and your generosity!

	September 2011	YTD 20
Meals Served	31,257	261,905
Shelter Nights	11,405	95,633
Clothing Items Provided	1,798	16,071
Professions of Faith	89	976
Volunteer Hours	7,256	83,320
Class Hours of instruction	1,722	18,153
Clinic Patient Visits	945	10,322
Value of Healthcare Provided	\$138,105	\$1,741,896
Case Management Visits	257	3,389
Legal Clinic Visits	8	46

Wish List

Ketchup & Mayonaise

Disposable Razors

Salad Dressings

Bath Towels

Bleach

We Now have 7 Countries and 26 states represented for the Drumstick DASH... Walk wherever you are through DASH Away!
(Help us get all 50 states!)
Read all about it at DrumstickDash.net