



A Day in the Life of a Typical Mens' Shelter Guest

- 🕒 Rise and shine! at 5am
- 🕒 Guests strip beds and make them with fresh linens
- 🕒 Breakfast served at 6.15am
- 🕒 Men's Shelter closes 7am
- 🕒 Chapel open for mid-day prayer at 12.30pm
- 🕒 Lunch served at 1pm



- 🕒 Men's Shelter opens at 4.30pm
- 🕒 Check-in bags between 4.30-6.30pm
- 🕒 Dinner served at 6.30pm
- 🕒 Chapel services at 7.45pm
- 🕒 Showers and bed at 8.30pm

